

Storie di successo Genio in 21 giorni 2020

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Johnson Carol

Hi! I am Carol Johnson with Successful Solutions. I am a life coach who works with single moms to create a life that allows them to take care of themselves and support their family.

I was struggling with remembering things and staying on task. I knew what I wanted to do but didn't make it a priority. I allowed myself to get distracted.

I often let things fall off my plate because I didn't have a system to write down my thoughts and create a plan.

After the course, I felt really good about myself. I was able to remember names and numbers. I also learned how to read strategically with speed reading strategies which will allow me to get through more books, and help more clients. Best of all, I was able to start the process of creating a course that I have been talking about for years! I am now feeling empowered and ready to change the lives of others.

Thank you Cosimo and Stephanie! I am so excited to have meet you!! You have made me a better person.

Ramirez Alfred

Hello, I'm Alfred and I am a college administrator, adjunct university professor, and business owner.

Besides previous work experience, I have over 20 years of experience in higher education and I understand the importance of effective learning strategies. The course provides new and critical learning methods and tools that we never «learned» in traditional classrooms. I'm applying what I've learned and I am committed to practicing these new skills in my personal and professional life.

With everything going on, I had difficulty organizing my time running from meeting to meeting and changing pace from administrator to professor, and doing all the other things I want. I wanted to read, research, and remember things. In addition, I really wanted to improve my communication skills and recall data and details. I was disengaged because I was nervous and anxious due to a lack of preparation. I would rely on hoping that I would be able to get by instead of being prepared to speak and contribute more. I would go into situations with a lack of confidence because my internal voice was reminding me that I didn't know and didn't prepare.

By realizing my learning style, I am more confident in understanding more about how I learn and allows me to focus my time. I use the tools to take better notes for my meetings (which I have 2-5 daily) and I recall what



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I need to. I have been efficient in my preparation for my class which has relieved me of any stress. I am able to read much faster. I am improving my memory in each and every way.

Stephanie and Cosimo are AWESOME!!!

Reynolds Jayne

I'm a nutritionist and spend a lot of my time reading research, taking continuing education, and trying to remember facts that are important for my clients to know.

For as long as I can remember, I've been a slow reader, to the point that other staff members at my old job made comments about it in a staff meeting. I would take copious notes in my continuing education classes, sometimes transcribing the whole lesson because I didn't want to miss any details. And I was in a permanent state of overwhelm, which spiraled me into lack of confidence, which sucked my energy dry, meant I procrastinated about everything, and ended up with crappy results. I was constantly running late on every project, stressing myself out more, which made my memory even worse.

The course with Genius in 21 days was amazing. I was dreading sitting through 27 hours of lessons, but Stephanie and Cosimo are such great teachers. They understand how we all learn, so the curriculum met all of our educational needs. We were all engaged, and the three days flew by. The personal mentoring is incredible. I come away feeling so encouraged, creative, and optimistic.

In the last month, Genius in 21 days has helped me increase my reading speed by 5x, and my retention has skyrocketed. The mind maps help me organize my thoughts and my business. If I feel overwhelmed by a project, I reach for my «unlock» strategies and put them to use. I'm calmer, happier, and so much more productive. It's only been a month! I can't wait to see the impact on the rest of my year, and I can't wait to take Genius 2.0 in the fall!

Rinderknecht Joe

I'm on track to double my income! Most of the time I had a lot of anxiety about what I should be working on and didn't have a lot of motivation and so a lot of my time was spent on things that did not make me any money or they just made me even less productive. I was «busy» but not productive and efficient in my processes and systems. It was very frustrating and something I am still working on. Quite frankly it is a system and a process

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that you need to stay consistent with and that right there consistency is the key to stay organized and not feel anxious.

Being a multifamily Apartment investor I had so many details to organize and focus on.

- I focus on acquiring value-add multifamily apartment deals
- as well as developing multifamily properties
- and also help other individuals who want to get into the game of investing in real estate so that they can take back their time and build residual income.

Since all of my past problems were based on not being organized and procrastination and feeling overwhelmed. The course has helped my very detailed brain to be a fast learner not need every little detail and to be able to stay focused and organized with the tools of the Mind Map and life mindmaps. I have seen some very awesome results I can speed read 5x more than before, I can learn a language and retain it. I have been able to increase my productivity and bandwidth within my business.

This has also given me the ability to outsource some tasks and to be able to spend more time with family thus decreasing my stress.

Thanks to Cosimo and Stephanie and even Zack I learned a ton. I felt like Cosimo really understood me as a person and what it was exactly that I needed to be successful and to become completely unblocked. Thanks to them and the many Time-Management techniques I'm on track to double my income!

Jenkins Lisa

The Genius Academy has been a game changer in my life. Honestly, I didn't know what to expect after years of purchasing and attending numerous life improvement programs without any true, long-lasting effects.

My goals were to improve my study strategies as a real estate investment student as well as become more organized and on task with my daily schedule. In just a few short weeks, both of these areas, as well as others, have improved 100+%. I realize it is up to me to sustain long-lasting improvements and this brain training course has more than provided the tools for me to be successful. I highly recommend this course to anyone looking for a program that can provide immediate but long-term results.

I've relied on study strategies learned over 40 years ago but I realized I was having issues retaining information learning in my real estate investment study courses. I was memorizing information but only for the «test» but had no long-term retention for items that I will need to recall in my business. Also my daily schedule has not been organized. At the end of the day, I would find huge chunks of time missing and nothing really accomplished. I was always busy but nothing to show for all of it at the end of the day.



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My confidence level has taken a hit in the last few years because I never seem to be on track with completing anything that I start. I would often find myself in a funk from feeling like I'm wasting my life away. My mind was unfocused so my energy level was very low. I found myself not being productive and hating myself by the end of the day.

After taking this course, my whole outlook on studying and taking notes has done a complete 180°. I'm no longer wasting time taking notes on every little thing that I hear or read. I know how to filter out the important items so that I'm able to retain as well as relay the information back to others. This has definitely boosted my confidence and I feel like the «A» student I was back in high school!

And who knew that actually putting tasks on a calendar and color-coding the items would make my life more productive! I love looking at my calendar and seeing just how organized my life is becoming.

Genius in 21 Days and my mentor, Cosimo have truly come into my life at the right time. When I was just about to give up on ever really retaining information, they and this course came along and showed me a new way to study as well as how to be more organized; therefore, more productive.

Dickson Nate

This brain training course was such an incredible class!

I was introduced to it by work colleagues and decided to take the class to improve my skill sets and become a better professional. My original goal was to become a better speed reader, but the class was so much more. There are so many more tools such as MindMap, memory techniques, time-management techniques that you learn that will not only help you become a better student but a much more efficient and successful business professional.

I truly wish I would have found this class as a young man and I cannot wait until my son is old enough to take the class. We go to school for 12-18 years but no one ever really TEACHES you how to LEARN. I'm grateful to have had the opportunity to participate in Genius in 21 Days. I'm very grateful to have met Stephanie and Cosimo; incredible educators and extraordinary coaches.

Boccuzzi Rita

In the past I thought I had learned by memorizing, only to forget. I wish I was taught "how to learn & study" earlier in life. It would have saved me years of wasted time, grief, and anxiety.

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After taking the Genius in 21 days course with Cosimo & Stephanie, I broke through my learning blocks and felt freed from bondage of disorganization. I enjoy the creation of clarity and flow in the management of my time.

Understanding Mind Mapping the strategic way Cosimo taught, I was able to release all the thoughts and plans that were stored in my mind and take impact actions.

I had so much fun in this high energy course making it truly effective learning.

Jackson-Clockston Sydney

Due to COVID-19, the course is now online, and I was skeptical that it would run well.

This is Sydney Jackson-Clockston, Owner and founder of Citrine Unlimited LLC. Coach, Public Speaker, Retreat Coordinator, & Consultant creating Transformative Experiences

I walked into the workshop, feeling overwhelmed and stressed. As a solo entrepreneur, I needed methods to balance all the moving parts of my business and personal life. Also, Due to COVID-19, the course is now online, and I was skeptical that it would run well. I definitely received more than what I was anticipating from the 21 Days Genius course. I learned methods to enhance my memory for concepts, names, and numbers. The learning techniques are amazing. My instructors Cosimo and Stephanie, made the course interactive and made learning fun.

During the course, I walked away with several new skills. Three of my top benefits have been:

I learned how to increase my reading rate and increase my comprehension at the same time. I make it through my emails 5x faster! How to read faster and strategic allows you to be more effective and save a lot of time.

I can now create and memorize speeches that are significantly more engaging with my audience through new communication techniques and mind mapping. I put the new methods I learned into action recently for my business and received more interest than I had ever had before.

As a coach, consultant, public speaker, and event/coordinator, I must organize and remember details about my various clients. Mind mapping has also given me the tools to confidently keep all of the little information organized for client profiles and individual meeting notes.

I've achieved all of this while having a learning disability such as Dyslexia. This course is excellent for anyone of any age (kids or adults) who's ready to get into action and lean method to unblock their true learning potential.



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Timothy Akey

Hi, I am Timothy. I am an MBA student located here in Florida who studies languages due to my intention to study international business.

I simply did not have a concrete method to memorize definitions in my business courses nor vocabulary and grammar in foreign languages. I felt nervous all of the time with exams because I didn't have a true preparation method. I would frequently be angry with myself that I couldn't remember the answer to the question despite having spent hours studying the subject. In terms of languages, I would frequently get annoyed that I couldn't remember the correct conjugation of a verb to a noun. All in all, these problems made me feel like a failure.

By using the Speed reading strategies just this past week, I got a 4/5 on a quiz where I had to memorize definitions in business school and that was after only 30 minutes of studying using my new method taught by this course. I'm absolutely thrilled that despite not having a perfect grade, I was still able to pass the quiz after only studying for less than one hour. In terms of languages, I've been flawlessly learning 10 new words of Tagalog everyday, the language of my mother's family to help me reconnect with my heritage.

Thanks to my Mentor Cosimo, I now have a tried and true method to give me the confidence I've always desired.

