

Storie di successo **Genio in 21 giorni** **2020**

Testimonianze inglesi



Testimonials



Joey Kifle

What can I say, Genius in 21 days has unlocked potentials that I knew existed in my mind but didn't know how to unlock and use it.

I took the course because I wanted proven techniques that would enable me to increase my speed reading and at the same time retain the information I consumed.

The initial assessment I took to determine my learning style, has given me an insight, where I need to focus on more to get the best results in an efficient manner.

After taking the course, my speed reading has doubled and I have now a better ability to recall the information I consumed as a result of the techniques I've learned.

The entire course was presented in a relaxed and fun atmosphere which made the learning process easy to follow and understand.

I highly recommend for anyone who wants to invest in themselves to take the Genius in 21 days, as you will get in return more than

What you expect..put simply, it's Life-changing..the course puts you back in charge of your mind and enables you to utilise it in an efficient manner no matter how complicated it may seem at the start whatever you want to learn and memorise. It will have you fall in love with learning again and you will come out of the course finding your own inner child self that was once curious about the world and eager to learn it all..that's my experience.

The entire team with their infectious enthusiasm and energy to see me succeed has kindled my passion for learning and I am forever grateful for Genius in 21 days, for they have shown me how to unlock my own potential.

Nadia Armah

I am Nadia, a legal assistant at Costigan King Solicitors in London. In September 2018 I came to the UK to pursue a masters degree in Law at the London School of Economics and Political Science. Having had all my previous education in Ghana, my home country, I found the UK educational somewhat different and very challenging. It demanded deep analytical skills, creative thinking and, especially because of my course, quick reading abilities and memorization of key principles. I had been studying the way I had always done back home, but I soon realised I needed to change that to excel in the UK.

I found out about *Genius* 3 months to my final exams, and I immediately took the course.

Genius taught me how to maximize efficiency in studying. They took me through speed reading, mind mapping my notes for easy memorization



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and analysis and, time management skills. By June 2019 I was ready to sit my exams.

When I received my results in September I could hardly believe what I had achieved. I scored top marks in most of my papers and was awarded an overall distinction. For me, the best gift I got in 2019 was getting to know *Genius in 21 days*. Of all the things I learnt at Genius, the greatest for me was the consciousness of my own capabilities. This gave me the confidence to go out and shine.

Dyviana Desai

I am currently taking a gap year before law school and working as an administrative assistant at a hospitality company. I heard about the course from a few of my friends and I was interested to see how it could help me. So, I took the course intending to increase my reading speed while still maintaining my comprehension.

After taking the course, I set a goal to read my Business Lawbook for an hour a day every day for two weeks, and by the end of the two weeks, I had read an extra 300 pages, which is 10 chapters. I found that I increased my reading speed by almost 3.5 times since starting the course. I also realized that instead of maintaining comprehension, I increased my comprehension and retained the information that I read longer than I thought possible.

I was not expecting to see these results just a month and a half after taking the course. I am currently using the techniques to learn to speak Spanish and study for the Law School Admissions Test. Before the course, I would not have tried to learn a language at the same time as studying for a major test, but I find that it is possible because I only need thirty minutes a day to learn 50 new Spanish words.

I highly recommend taking the Genius in 21 days course because the techniques that they teach are universal and can be applied to things from menial tasks such as grocery shopping to work/ school projects. The course not only taught me to be more efficient when I am studying or working, but it has also made me rethink the learning process, which before the course, I was not very fond of.

Chester Franklin Chung

I signed up for the Genius in 21 Days course after attending a webinar where Zachin, one of the mentors, memorized and recalled 20 random words forwards and backwards effortlessly - while blindfolded! And after just 3 days of the initial Genius training Bootcamp, I learned how to memorise not only 20 random words but also the first 40 digits of Pi.

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As a shaman (life coach)-in-training, I went into the Genius course hoping these new learning techniques could help to boost my rate and depth of understanding of my coaching training study materials. Before the course, I'd only managed to get through 20 hours of study material over the course of a month. But with thorough guidance from my super-mentor Yaw, I zipped through another 20 hours of material in under 2 weeks and I was able to take in and recall my training knowledge much more effectively. At this rate, I'll be able to complete a training program that usually takes at least half a year to finish in less than 2 months. These advanced learning techniques have also changed the way I take notes in my coaching sessions with clients and helped me to quickly remember personal information about my clients.

Above all, what I have found most surprising and meaningful on this journey of Genius is the community of similarly open-minded people who are driven by a pure desire to not only learn but also learn how to get better at learning. It's been both refreshing and motivating to be able to meet people from all walks of life and corners of the world and converge on a shared passion for cultivating the power of our minds. I have rarely come across a group of individuals who are so genuinely and generously diligent in supporting one another's growth. For anyone looking to surround themselves with curious, insightful, and unselfish people, I highly recommend you check out Genius in 21 Days.

Calverton Morgan

I work in Banking as an accountant with nearly 30 years' experience. I attended a Genius in 21 Days taster session at work which included a demonstration of one of the techniques. Two people were able to recall a randomly selected 20 digit number.... I was intrigued. I did some research on the company and attended a Learning Abilities session. This assessed my learning style and the goals I wanted to pursue. I discussed with the mentor how the course could benefit me.

The course itself was intense; they pack a lot into 3 days. It is very well structured, easy to follow and most importantly it is fun! Due to Covid-19 the course was conducted over ZOOM. I was sceptical at first but surprised at how well this worked. Interaction was high, with a diverse mix of participants who were based in a number of different countries and at different stages in their careers. At the end of the 2nd day I found myself unknowingly recalling the first 50 digits of Pi. I was shocked at the progress we had made in such a short time period.

Both my memory retention and reading speed have improved significantly; I'm able to give presentations rather than reading them off a script; I now read more often for pleasure and not just on holiday; I spend less time reviewing my email as my speed reading has improved and I'm more



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able to identify key information. In addition, post-course sessions have built on the techniques enabling me to memorise and deliver a short public speech (7 mins).

I would definitely recommend the course. I wish I had been aware of it much earlier in my career. You will learn new techniques that can be applied in both your work and private life. You will also grow in confidence and see you are capable of much more than you ever realised.

Perry Levenson

When my sister started to talk to me about the Genius course I was sceptical. I am a New Yorker, and I can be wary about being sold a bill of goods. My nephew, a very smart guy who struggled as a student, took the course in April of this year. He became so excited about scheduling and completing his college coursework that I became intrigued. What do they teach in this course? How can it help me? Bear in mind that I am not a Millennial college student, I am a 57 year old Doctor of Acupuncture and Chinese Medicine. So, how can the techniques taught improve my life?

I attended two free webinars offered by Genius UK. The first was a memory webinar in which I learned a technique that allowed me to memorize a 22-digit number in about three minutes. Now, almost 4 months later, I can still recall that number. Improved memory and recall? Check! That is a skill I can use. The second webinar was a speed reading workshop. I was an avid, but painfully slow reader. I have increased my reading speed and comprehension. Are these skills that can benefit me in my profession? Check again! My experience with the Genius staff in these webinars, combined with my nephew's excitement in approaching his studies, were enough to have me sign up and take the course.

I took the course a little over a month ago with my entire family. The journey has been completely astounding, with all of us achieving results in mastering the techniques. I have more confidence in my work and my ability to create powerful programs to serve my patients, whether they are in the office or in an online program on health and wellness I am running. I read a book in a month that had been sitting on my nightstand for 10 years! I not only read it, I digested its contents utilizing the techniques I learned in the Genius course. I am now using that information to develop another online program with a new friend and colleague that I met in the Genius course! I am stepping in to create a life that, until I took the course, I had only dreamed of. This is not hyperbole. This is fact.

As a parent, there is no greater satisfaction than watching our children succeed. I have watched both my children embrace the techniques taught by Genius UK, and talk about the difference the course has made in their lives in only six weeks. I have watched my youngest child accomplish learning goals that they set for themselves; no school assignments, no other

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directed tasks. They decided what they wanted to learn and do, and with the help of a Genius Mentor they did it! They also finished all college summer assignments early and were wondering what to take on next. As an acupuncturist and former college professor, there is not greater happiness than seeing your child take on the mantle of lifelong learning with such gusto and confidence. Especially when, prior to Genius training, there was real reticence and self-doubt in the area of learning.

Initially, I balked at the cost of the course. I can say now that after the three-day course and the six subsequent weeks of support, practice sessions, and personal mentoring, you get your money's worth and so much more. In addition to all of the above, I have also gained the friendship of an international community of like-minded people committed to self-improvement, learning, and making their highest difference. I can not more highly, nor more unequivocally, recommend Genius in 21 Days UK. Giulia, Yaw, and all the mentors are simply 100% all in in delivering amazing results.

Hanifah Ahmed

During the lockdown, I came across an Instagram advert about a webinar by Genius21 on how to improve your memory in just 1 hour! I was so fascinated and in awe that after a consultation I decided to take the Genius21 Course!

As a university student, studying takes so much time and I really wanted to find ways to make studying more effective and enjoyable. I also wanted to be able to do other extracurricular activities and find more time to spend with friends and family.

Since taking the course, it really has reshaped the way I approach learning and studying. The course has really helped me to read, process and memorise information so much faster! I was able to read and make mindmaps of complex scientific research papers, a total of 27 pages, in just 12 hours! In the past, this would have taken me at least 24 hours.

I am able to make mind maps straight away just by listening to things. Choosing the keywords so that info can be remembered after 1 hour, helped to improve my understanding straight away.

This helped me to be a more present and active listener and more engaged in the lectures.

I was fascinated that we could memorise a 20 digit number in 5 mins using the techniques learnt in the course.

The memory palace technique was so mind-blowing, we were able to memorise the layout of a room that we haven't ever seen before. I was also very shocked that we were able to memorise the 50 digits of Pi in a way that I haven't before.

In school, they tell you to focus for an hour but somehow procrastination always gets in the way all the time and you end up spending double the



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amount of time on a task. The techniques learnt helped me to reduce the time I spent procrastinating and helped me to complete tasks faster. Seeing people apply the techniques and hearing how it helped them achieve their goals was a key motivator for me.

One of the final challenges of the course was being able to memorise an 8-minute speech. It was really tough I doubted myself a lot but I managed to do it! The skills learnt to do this are just incredible and I'm really grateful to Yaw, Martina, Giulia, Zachin and the rest of the team for sharing all of this.

Ricardo Wilkins

For years I have been slowly learning Spanish. So when I first learned about Genius in 21 Days and the skills they taught in reading, thinking and learning new languages I was very intrigued. I was especially interested in their strategies that could develop my Spanish vocabulary.

The weekend was fun, engaging and very interactive. Seeing what the mind is capable of when honed and pushed in the right direction was fascinating. Also engaging with people around the world was very nice.

The language techniques were simple, useful and creative. I couldn't wait to put them into practice with my mentor. After the 3-day weekend, I was assigned a mentor to assist in furthering my development. We focused on Spanish with a clear goal in mind. One that after a few months I hit with flying colours by achieving a level of B1 on the Spanish language assessment after two months. My mentor ensured I took away what was needed and was very attentive. You can't go wrong with Genius in 21 days.

Manuel Asali de la Mora

My name is Manuel Asali. I live in London and work for a consulting firm as Vice President of Training. Most of my work consists of presenting workshops to public groups or companies in topics related to energy, petrochemicals and sustainability. In my work, as I deal with groups, it is very important for me to be able to answer questions and recall facts on the spot so that I can help attendees learn about the industry and become better at their jobs.

On a personal level I also like to learn new things and improve myself, not only with topics related to my industry, but also by reading, visiting museums, attending concerts, etc. I was always proud of my good memory

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as a kid. However, at 53 I can see my skills are not as sharp as before.

One morning, by chance, I met Martina outside Moorgate Underground station. She asked me whether I wanted to improve my learning skills, from having a better memory to reading faster and I was quickly interested. It took several months before I was able to join the Genius 21 programme, but once I did it I was very satisfied.

I had three objectives when I joined: improving my memory, reading faster and becoming better organised with my time. Here are the results:

First, my memory. Today I can confidently recall strings of numbers using the system I learned in Genius 21. When I see a short number of 4-8 digits, for example a membership number, I commit it to memory quickly rather than having to write it down. I feel sufficiently confident to memorize a few numbers, even if just for a short time. Every morning I practice the strings from 00 to 100 so that the number associations are fresh in my mind. I have also been learning poems in English and in Spanish (I have memorized about ten of them now).

Second: I am reading faster. I used to read at 220 wpm and today I'm reading between 350 and 400 wpm. It's a modest improvement but good enough for me. I used to read about 10 books per year before, this year I will read 25.

Third: My organisation skills have improved too. I don't build mind maps every single time, but, I organise my weeks based on the activities that need to be done and I can block time to do them. I am still too optimistic with the time it takes me to do something, but my current system with a notebook and a diary is much better than having multiple post-its all over the place and some information in a computer, some in a notebook and part in my brain.

What role did Martina play in all this?

First, she introduced me to Genius 21. I still remember our chat that morning outside of the Tube. She kept following up, calling me and looking for options to prompt me to join the workshop. It took almost one year before I could make it to the session. I travel a lot so schedule was always an issue, but Martina was always there with a friendly and patient phone call to remind me.

During the workshop itself, the staff at Genius 21 always ensured a warm and friendly environment. This helped us learn better.

Finally, in the months after I took the workshop, I had follow-up sessions with Martina to help me strengthen some of the learnings, refine my organisation skills and keep track of my reading speed. I always felt I could trust her. She has supported me in this journey from beginning to end and has become a good friend in the process.



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Joao Sebastiao

My name is Jo, I work in the construction industry and I attended the 3 day course back in December.

Since I have completed the course my speed reading and comprehension has increased by 4 times within 2 weeks, which I was extremely impressed with and pleased about the achievement so far. Using that technique I was able to read for the first time a book in 5 days!! Of course with the help of time management, I was able to organise and plan to achieve the outcome. Going forward I would still like to implement the techniques to enhance my skills.

The course has enlightened and made me realise how powerful the mind is, once you apply the right techniques.

The result from the course has boosted my confidence. The genius 21 team have massively contributed in making the course a good experience and are a great family!

Boris Petirs

My name is Boris, and I am currently studying law at BPP. I decided to do the Genius course because I wanted to improve my reading speed and learn new memory techniques in order to make studying easier and more enjoyable. Since going on the Genius course, I feel that I have been able to dispel any preconceptions about an ability to do something. The words "I can't" have become redundant. There is so much to learn in life it can be daunting however, thanks to Genius, the unknown and impossible start to dissolve at levels beyond your imagination. Being able to improve my reading speed four times over and using mind maps to organise my thoughts and summarise material, were invaluable when revising for my recent law exams. I took 9 exams in 3 months to qualify to be a lawyer and I passed all of them with the highest grade possible; 5 distinction and 4 passes. This has made me feel more confident for future exams and challenges ahead. I look forward to the future, the Genius way.

Moureen Depoortere

My name is Mo, I am going into my senior year of high school and I chose to take the course because I wanted to be able to take away some of the stresses and anxiety I feel taking tests and studying. Now I can cut my study time down and have extra time to focus on preparing for college. With the techniques, I have been able to read 4 of the Harry Potter books in only 4 weeks while reading only an hour or so a day. On top of that, it

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has really helped me with line memorization for theatre as I was able to have both a regular and Shakespearean monologue memorized without having to look at them more than 10 times. I also memorized a monologue that was 3 pages long in just 3 days looking at it only a couple times. On top of that I mind mapped and speed read the entirety of King Lear which put me weeks ahead of my classmates with school work. I also achieved a good amount of time management skills by mind mapping to plan out all my days during COVID-19 quarantine which helps me use the time I have productively. The course has restored a lot of lost confidence in myself and given me a sense of self reassurance that will help me succeed. I felt stuck before taking the course and I'm finally growing again.

Joseph Aubourg

I took this course to help me not only in my career but also in my life. I learned a lot from Genius in 21 Days in structuring plans in my daily life and in teaching for my College Course. In two weeks of starting doing mind maps, I feel more relaxed and confident to handle anything. Some of you may feel that finances may be an issue, I was in the same boat. However, when there's a will there's a way. Genius in 21 Days will work with you regarding the finances. I will suggest you take a chance and go for the program. It will be very beneficial to you now and to you in the future!

Alberto Grimaldi

I am Alberto Grimaldi and I am from Italy.

I recently graduated in July in statistics, and now I am doing an internship as an information technology analyst in a national bank.

I chose to take the Genius in 21 Days course (from London) because I wanted to jog my memory about the techniques I learnt during the first time I took the course; it happened 5 year ago in Italy. Moreover, my goal was to improve myself in some of the fields that I discovered for the first time in Italy.

I can say without any doubts I have improved some skills with the course: for example my ability to memorize new words in English (since my goal is to improve this foreign language), to increase my reading speed and to change the way I read in order to be more strategic. I am still working on these fields and others because it takes a lot of time, but I can already see improvements!! After the course my personal goal was to improve my English level. I am working on it by using the techniques and they have helped me!! But I can say that I feel I have improved!!!



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Now I am sure I have the mindset to learn everything I am going to deal with in my life. In general, we need to be flexible as much as we can, and you can learn it if you need to in this course. I had this feeling during my internship.

Every day we need to learn something new, even if it's just a single thing.

My dear future student, my advice for you is the following: if you are willing to learn new techniques to learn/memorize/read/understand in a strategic but funny way, then you are in the right place and at the right moment...THIS IS YOUR COURSE. You need to have consistency to do the exercises to improve new skills and you must not be prejudiced about these methods ... just try to trust them!!!!

YOU WILL HAVE FUN, TRUST ME!!! All of the girls and guys on the team are amazing!!

Nina Therese Sandal

I have been an expat for more than 20 years living in different countries. I travel the world because of my wanderlust, my work, and because I thrive in an international society. I originally took the Genius in 21 Days course in London with my kids to help my younger son who was not reaching his potential at school. I did not understand back then how much this course meant to me.

In the past there were no online systems like the ones they have today that allow you to focus on the techniques again.

Retaking this course in the middle of a pandemic was the best thing to I did in 2020. I really wanted to become organised with work and my personal life, but my time management skills were nonexistent. I used to only be able to manage my work, but now, with the desire technique from Genius, I can plan my week with work and also implement personal goals every week. This has made a huge difference in my results! I have a goal to achieve 80% of my plan every single week, and I do!!

My mentor helped me to set my goals, and surprisingly, I started to achieve them quickly after. Before the course, I could read 3 book in a year. I used to think I was such a slow learner in general because I face challenges with my dyslexia, but I am now reading 2 books each month which has really enriched my mind.

The memory techniques have allowed me to remember things for much longer. I absolutely love the hook system. The process of changing codes or numbers at home or work has become so easy because I can simply memorise them instantly. I have changed the way I take notes, read, and have improved my overall learning process.

Studying is now so exciting and joyful that I have fallen in love with learning. Genius 21 has help me to find my unique study style, and offers so much more than just learning.

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Even though I have been doing Toastmasters for 5 years, I could never remember my speeches. With the help of Genius21 I managed to memorise a 15 min speech word for word over 5 days, and was able to feel confident while delivering it! The results have amazed me and I am now looking forward to starting my next step. Genius is a place where I can see the way others have made an impact in my life, and learn how I can improve others. The passion they share makes it feel like a space I feel I can belong to. Thank you.

Francesco Pignone

I am currently a student attending a MSc in mechanical engineering at the University of Southampton. I decided to do the course because I knew of its potential before, but I never had a big enough why to push my self to apply what is being taught. The course gave me the tools to achieve a 70 average over my 5 subjects in the first semester. Thanks to this, I managed to combine sport, society activities, and study. This gave me the possibility to maintain all of my different interests.

I do now feel that it doesn't matter how big the next learning challenge seems. I am confident that I can tackle it. This give me the luxury to decide what I want to do.